

Suggestions for Creating Your Candidate Resume

Since the new resume guidelines leave the format and content completely up to you, we realize it might be difficult to figure out where to start! Below, you will find several examples of Candidate Resumes. **Please do not copy the format/content of any of these resumes.** That is not the purpose of these examples. The purpose is to show you how different resumes may be from candidate to candidate and you need to find a format and content that best fits you.

Here are some suggestions on how to get started:

- Format/Style
 - Review the examples provided and take notes on what you like.
 - Google search various resume formats to find other organization methods that appeal to you.
- Content
 - What do you want the judges to know about you?
 - Review the Miss Kentucky Job Description (included after the resume examples). Remember, this is the job for which you are applying.

Use your notes to help you create a resume that best suits YOU!

****Resumes are allowed to be in color or black and white. State resumes will be printed in color. Local competitions may choose whether to print in color or black and white.**

****Remember, your resume must fit on ONE page. (Some of the examples are 2 pages. State and local candidates may NOT go over one page.)**

Lyndsey Littlefield

Miss Massachusetts 2019

Summary:

As a woman majoring in biology, an athlete competing in a male dominated sport and a family member living in a pro LGBTQIA household, I have demonstrated how to take a stand and serve as a dedicated leader. Through my experiences in a lab, on a racecourse and as part of a progressive household, I have learned the most important qualities in a leader is knowing when to listen, support others and take action. As Miss America 2020 I will use my influence to strengthen the Miss America Organization's reach by working with young people strengthening connections to communities across the nation.

Education:

Bristol Plymouth Regional Technical High School 2015 Graduate; Graduated as a Certified Dental Assistant. Bridgewater State University (Bachelor of Science in Biology-December 2019)

Educational Honors:

Selected researcher in Bridgewater State University's Water for Cambodia Project and a specialized researcher in Bat Morphology; Biology tutor; Dean's List student; Recipient of Taunton's Best and Brightest award and Love of Life award

Career Goals:

Obtain a Bachelor of Science in Biology with a concentration in Dental Pre-Professional; Attend Tufts University to become a Doctor of Dental Medicine with a career as a general dentist

Social Impact Initiative:

Empowering young people to be strong, smart, and bold through an afterschool program that is dedicated to creating a healthy, educated and independent future for its members

Talent Presentation:

Lyrical dance to *Light That Never Fails*

Employment:

- Personal Ninja Trainer at Vitality Obstacle Fitness (January 2017- Present)
Work one on one to empower and train individuals to overcome obstacles
- Anchor Host for Obstacle Course Racing Media Network (March 2019-Present)
News anchor and interviewer for weekly racing news updates/competition results
- Dance Instructor (September 2017-Present)
Teach ballet, jazz, lyrical and tap in group settings (kindergarten to high school students)
- Dental Assistant (January 2015-September 2018)
Assisted dental procedures; Responsible for patient care, sterilization, and fabrication of small dental appliances

Accomplishments:

- North American 2019 Obstacle Course Racing Gold Medalist; Team USA
- Competed at the 2018 Obstacle Course Racing World Championships in London UK
- Certified in Infection Control C.P.R, Radiology Health and Safety

Interesting Facts:

Ninja Warrior competitor; Motorcyclist; Spartan Trifecta Athlete; Raced over 200 miles globally and ran a Ragnar across the Baystate; Lover of Disney princesses and donuts; Proud sister of a transgendered sibling and Swiper the cat; Advocate for the social media Be.You.Tiful movement, #BattleBraids and #LikeAGirl.



Mo Shea

MONTANA

Educational Background

University of Montana

- B.S. Cellular and Molecular Neuroscience
- Minor in Psychology
- Magna Cum Laude

Scholastic Accomplishments

- University Scholar – Davidson Honors College
- Dean's List (7 Semesters)
- Presented honors research at University of Montana Conference for Undergraduate Research on "Investigating the Role of Oxidative Stress in Mediating Excitotoxicity Following In Vitro Ischemic/Reperfusion Insult."
- Montana University System Honors Scholarship (4 Year – Full Tuition)
- Montana University System STEM Scholarship
- University of Montana Achievement Award Scholarship
- Alpha Nu Education Foundation Merit Scholarship (3 Semesters)
- Montana Youth Serve Scholarship

Experience and Leadership

- **spectrUM Discovery Area**
Science Museum Educator
Camp Counselor
- **Biology 160**
Learning Assistant
- **UT Southwestern Medical School's Center for Depression Research and Clinical Care**
Medical Research Intern
- **Kappa Alpha Theta-Alpha Nu Chapter**
Philanthropy Director
Scholarship Director
Events Director
Representative at National Kappa Alpha Theta Grand Convention
- **Grandstreet Theatre**
Theater School Counselor and Showcase Director
Summer Stock Actor
- **Mortar Board Senior Honors Society**
Service and Events Director
- **Court Appointed Special Advocates (CASA) of Missoula**
Ambassador
Light of Hope Gala Volunteer
- **Kappa Alpha Theta Foundation**
Representative at National CASA/Guardian Ad Litem Conference

Scholastic/Career Ambition

Earn medical degree (M.D.) and specialize in Dermatology

Skills

Advanced Neuroscience lab technique training
Vocal Training
Age 12 – present
Theater School Student at Grandstreet Theatre
Age 9 – 18
Certified Zumba Instructor
Fluent in ground squirrel

Interests

Hiking in Glacier National Park
The Marvel Cinematic Universe
Avid UM Grizzly and Seattle Seahawks Football Fan
Attempting to visit all 50 states
Wannabe Makeup Guru

Social Impact Initiative

"Love the Skin You're In – Skin Cancer Prevention and Education," seeks to educate the public on simple everyday sun safety techniques that can make a lasting impact on an individual's personal health.

Measurable Impact

- Spearheaded successful effort to get the University of Montana certified as a "Skin Smart Campus" by the National Council for Skin Cancer Prevention
- Active team member on the Montana Cancer Coalition's Sun Safety Team, coordinating goals for skin cancer prevention in Montana
- Partnered with the American Cancer Society's Cancer Action Network
- Organized Sun Safety Booth at Community Health Fair
- Attended regional Health Equity Conference
- Completed 50 hours of shadowing at Associated Dermatology
- Educated Montana students during Crown to Classroom School Tour presenting "Love The Skin You're In" to over 3,000 students to date

JADE GLAB

[linkedin.com/in/jadeglab](https://www.linkedin.com/in/jadeglab)

EDUCATION

Georgetown University McDonough School of Business
Bachelor of Science in Business Administration

Washington, DC
Expected Graduation: May 2022

Brookdale Community College (NJ STARS Full-Tuition Scholarship Recipient)
Associate in Business Administration

Lincroft, NJ
September 2017 – May 2019

- **GPA:** 4.00/4.00
- **Honors:** New Jersey Collegiate Business Administration Honor Society (top 1% of New Jersey Business Administration students offered membership based on GPA) (2019), Phi Theta Kappa Honor Society (2019, 2018), Global Citizenship Award (2018), Dean's List (2019, 2018, 2017), Honors Program (2019, 2018, 2017)

SOCIAL IMPACT INITIATIVE

Healthy Children, Strong America

Founder

January 2016 – Present

- Composed, choreographed, and performs original songs and dances on the topic of healthy eating
- Partnered with RWJBarnabas' Wellness on Wheels initiative
- Developed "Junk Free Kids," an interactive musically-based assembly in accordance with New Jersey Student Learning Standards for Comprehensive Health and Physical Education
- Developed and designed junkfreekids.com, a website that contains information pertaining to my assembly
- Published *Junk Free Jade*, a children's eBook, available for purchase on Amazon

SCHOLASTIC AND CAREER GOALS

- Work in management consulting for either Boston Consulting Group, McKinsey & Company, or Bain & Company
- Obtain an MBA
- Pursue social entrepreneurship and enter the fast food industry as a competitor that offers healthy alternatives

LEADERSHIP ROLES

Children's Specialized Hospital

Craft Night Coordinator

New Brunswick, NJ

August 2018 – Present

- Plans and executes craft activities with patients, volunteers, and child therapists
- Recruits volunteers
- Engages in online fundraising for craft supply purchases

Brookdale Community College

Honors Program Ambassador

Lincroft, NJ

August 2018 – May 2019

- Spoke on honors program information session panels
- Acted as the liaison between honors faculty and students
- Facilitated campus tours and mentored new honors students

Business Club President

January 2018 – May 2019

- Led student-run discussions on recent business news at bi-weekly meetings
- Organized transfer student information sessions and LinkedIn workshops for business students in partnership with the Center for Career Development
- Engaged in frequent communication with club advisor and Student Life and Activities committee

VOLUNTEER AND EMPLOYMENT EXPERIENCE

Self-Employed

High School Math Tutor

March 2019 – Present

- Delivers on-site tutelage in the following subject areas: Algebra I/II, Geometry, and Pre-Calculus
- Independently manages tutoring schedule (times and locations) with parent and student clients

Various Charitable Events

Volunteer Performer

April 2013 – Present

- Vocal performances and community engagement at philanthropic events including The Spring Lake and Belmar 5 Mile Races, Donut Dash 5K, ALS Country Concert, Superstorm Sandy Boardwalk Re-Opening, St. Paul's Methodist Church Worship Team, retirement communities, and The Ronald McDonald House of Southern New Jersey

The Party Fairy LLC

Avon-By-The-Sea, NJ

Princess Performer

April 2017 – September 2019

- Traveled throughout New Jersey, New York, and Pennsylvania for on-site children's events
- Led singing and dancing, story time, and coronation ceremonies
- Executed princess makeovers

ABOUT JADE

- **Favorite Book:** Hillbilly Elegy
- **Favorite Movie:** On The Basis Of Sex
- **Favorite Podcast:** Masters of Scale
- **Favorite Quote:** "Do one thing that scares you every day." — Eleanor Roosevelt
- **Favorite Thing About New Jersey:** Kingda Ka, the tallest and second fastest rollercoaster in the world

MEAGAN CREWS

LOUISIANA | LEADERSHIP EMPOWERMENT AND DEVELOPMENT



MY MISSION:

As Miss America, I will serve as the Leadership Empowerment and Development (LEAD) Ambassador, working to develop this program in the Young Women's Christian Association (YWCA) locations across our country, beginning with Louisiana. My intent is to ultimately establish LEAD as a nationwide partnership within the Miss America Organization that will last far beyond my year of service.

EDUCATION/SCHOLASTIC & CAREER AMBITION

Bachelor of Science:

Marketing - Advertising Design

Louisiana State University
Shreveport (LSUS)

High School Diploma

Parkway High School

Pursue a Juris Doctorate



HONORS

- Sole recipient of the LSUS University Award for Outstanding Academic Achievements in Bachelor of Science in Marketing - Advertising Design
- Dean's List recipient
- American Advertising Federation member
- NSLS Honors Society
- SCLA Honors Society
- *Shreveport Scholarship* recipient
- TOPS Scholar
- President's Outstanding Academic Excellence Award

LEADERSHIP EXPERIENCE

MISS LOUISIANA

Miss Louisiana Organization | 06/2019 - Current

- Official Hostess for the State of Louisiana
- Guest speaker for the LEAD Program at the 2019 Human Trafficking Prevention Conference alongside Louisiana's First Lady Donna Edwards
- Guest speaker for Ouachita Parish's Red Ribbon Week, promoting the importance of abstaining from drug use and alcohol abuse and presenting the importance of LEADing
- Spokesperson for Vantage Health Plan, Propane Dealers of Louisiana, and the Louisiana Governor's Council on Physical Fitness and Sports, and Children's Miracle Network Hospitals

LEAD ADVOCATE

Northwest LA YWCA | 10/2015 - Current

- Dedicated more than 350 hours
- Advanced from volunteer, to Teen Advisory Council Chairman, to Teen Services Coordinator, and now the statewide ambassador
- Expanded the local program across three parishes
- Developed class curriculum and led class programs, workshops, and monthly meetings

STUDENT GOVERNMENT ASSOCIATION PRESIDENT

Louisiana State University Shreveport | 05/2018 - 05/2019

- Served as 2nd female President in LSUS history
- Elected Louisiana Council of Student Body Presidents Vice Chair
- Lobbied government officials at state capitol
- Developed a University Food Pantry, Veteran's Resource Center and Student Organization Lounge
- Led summer leadership workshops to advance leadership skills and team collaboration

ACCOMPLISHMENTS

- First-generation college student
- LSUS Homecoming Maid 2019
- Local artist participant in 2018 St. Jude Fundraiser Auction
- "Happy Birthday Song" voice-over for LSUS 50th Anniversary promotional video
- One of two students to qualify in voice/theatre/art in Bossier Parish's Talented Arts Program
- Singer ("Twinkle, Twinkle Little Star") on *The Dr. Phil Show* at the age of 10
- Performer on the same stage that Johnny Cash and Elvis Presley once sang

LEADERSHIP EXPERIENCE (CONTINUED)

NEW STUDENT ORIENTATION LEADER

Louisiana State University Shreveport | 10/2017 - 05/2019

ELEMENTARY LITERACY VOLUNTEER

Bossier Parish Step Forward Program | 01/2016 - 05/2017

- Developed and introduced weekly material for 2nd and 3rd grade students to help improve their reading skills

MISS LOUISIANA'S OUTSTANDING TEEN

Miss Louisiana Organization | 05/2014 - 05/2015

- Represented the Miss Louisiana's Outstanding Teen Organization statewide
- Traveled extensively across the state promoting platform, "SOS - Spoonful of Sugar"



EMPLOYMENT HISTORY

MISS LOUISIANA

Miss Louisiana Organization | 06/2019 - Current

MARKETING INTERN

LSUS Office of Media & Public Relations | 01/2019 - 05/2019

INVESTMENT MARKETING INTERN

Northwestern Mutual Insurance Agency | 05/2018 - 12/2018

TEEN SERVICES COORDINATOR

Northwest LA YWCA | 10/2017 - 07/2018



fb.me/MissAmericaLA
fb.me/meagancrews



@missamericala
@meagancrews

MARY MARGARET HYER

Miss Mississippi ▪ Hattiesburg, Mississippi ▪ DOB – 04/17/1996 ▪ Classical Vocal – “The Queen of the Night Aria”

SOCIAL IMPACT INITIATIVE

“Advocate, Celebrate, Donate: Diminishing the Donor Organ Deficit”

CAREER AMBITION

To pursue a career as a prosecutor

EDUCATION

University of Mississippi, Oxford, MS

University of Mississippi School of Law – Doctor of Jurisprudence – 1L, Fall 2020

University of Mississippi, Oxford, MS

B.A. Degree in English, minor in Vocal Music – Completed May 2018

- Cum Laude Graduate
- Sally McDonnell Barksdale Honors College
- Who’s Who Among American Universities and Colleges Inductee
- Omicron Delta Kappa – The National Leadership Honor Society
- National Society of Collegiate Scholars
- National Society for Collegiate Leadership and Achievement
- Phi Mu Fraternity – Membership Director, Song Chair, Pledge Class President

PROFESSIONAL EXPERIENCE

Miss Mississippi 2019, June 2019 - Present (full-time)

Miss Mississippi Corporation, Vicksburg, MS

- Regularly speaks to promote organ and tissue donation
- Travels approximately 5,000 miles per month promoting the Miss America Organization, the Miss Mississippi Corporation, Children’s Miracle Network Hospitals, and my social impact initiative, organ and tissue donation
- Serves as the goodwill ambassador for Blair E. Batson Children’s Hospital
- Represents the Mississippi Academy of Family Physicians as a spokesperson for early intervention anti-tobacco programming
- Serves as a partner with the Mississippi Organ Recovery Agency, an ambassador of the United Network for Organ Sharing, and an ally of University Transplant
- Maintains an active social media presence with over 40,000 followers on Instagram, Facebook, and Twitter
- Fundraises for and promotes the Miss Mississippi Scholarship Fund, which annually provides over \$100,000 in cash scholarships

Collegiate Chapter Consultant, July 2018 – May 2019 (full-time)

Phi Mu Fraternity, Peachtree City, GA

- Educated and trained chapter officers and advisers in 13 different states in the areas of marketing and membership building, leadership, management, interpersonal skills, member interaction, motivation, crisis intervention, and risk management
- Conducted leadership workshops for Executive Committees
- Visited chapters to assess areas of operation in order to establish goals, develop an action plan, provide assistance in plan implementation, and monitor progress
- Advised and assisted with membership recruitment/marketing plans
- Monitored membership statistics on a weekly basis and guided chapters toward meeting membership goals
- Recorded and communicated through written reports all findings and goals set forth at each chapter visit to Phi Mu Headquarters Staff and National and Area Officers
- Met with campus administrators, student leaders, Panhellenic councils, and fraternity/sorority advisors to assist with chapter and campus assessment

ACCOMPLISHMENTS

Academic/Leadership/Other Accolades

- University of Mississippi Chancellor’s List and Dean’s List Scholar
- University of Mississippi Student Wellness Ambassador
- University of Mississippi Concert Singers and Women’s Glee – 4 years
- University of Mississippi Concert Singers Featured Soloist in Carnegie Hall
- University of Mississippi Choral Excellence Award
- University of Mississippi Patrons of Music and Academic Excellence Scholarships

- Oak Grove High School Hall of Fame
- Miss Mississippi Competition – Miss Mississippi (2019), Preliminary Talent Winner (2019), Preliminary Evening Wear and Social Impact Statement Winner (2019), Mary Ann Mobley Scholarship Winner (2018), Non-Finalist Talent Award (2018), Social Media and Marketing Competition Winner (2018), Alpha Interview Winner (2017); Mississippi Organ Recovery Agency Scholarship (2017, 2018)

JOB READINESS

Leadership Skills

- Consistently trusted with greater levels of responsibility, regardless of job level
- Accomplish tasks with minimal direction or supervision, yet work easily in a team environment
- Accept ideas, solicit consensus, and encourage participation from team members
- Identify and assess needs, draft plans, prioritize steps, implement actions, and evaluate outcomes
- Establish goals and objectives while motivating others and inspiring achievement
- Set priorities and monitor progress, adjusting when necessary to meet goals
- Efficiently manage time, as demonstrated by ability to coordinate work schedule with other projects and goals

Interpersonal/Communication Skills

- Comfortable and confident interacting with and/or presenting programs or information to audiences of all sizes, age ranges, and professions
- Have given presentations to approximately 10,000 individuals across the United States on a variety of topics
- Employ perceptiveness, sincerity, and respect for differences to build rapport and trust within diverse groups
- Communicate effectively at multiple levels using appropriate language and interpersonal styles
- Able to write comprehensive and effective business communications

MARKETING PLAN

Strengthen Social Media Presence

- Consistent posts that effectively and appropriately showcase the organization's focus on women
- Highlight former candidates in various professional fields each month with coordinating hashtags; for example, #JudicialJanuary, #FinanceFebruary, #MedicineMarch, etc.
- Continue to promote the life-changing impact of receiving scholarships through the Miss America Organization – national, state, and local levels
- Monthly vlog of appearances, updates, and milestones as Miss America
- "Social media takeover" on Donate Life America's accounts, to promote the partnership between the Miss America Organization and my Social Impact Initiative, Organ and Tissue Donation#MissAmericaMonday: weekly and routine "where is she now" post, highlighting former Miss Americas

Diversify and Maintain Sponsors

- Capitalize on relationships that are built by necessity during Miss America's year (airlines, hotels, clothing lines, makeup lines, car manufacturers, venues, etc.)
- Once per week, promote businesses and individuals who sponsor state franchises, in addition to Miss America sponsors, in order to strengthen the value of sponsoring state franchises
- Create an Instagram Story Highlight of Miss America sponsors, complete with "swipe up" arrows to their websites

Public Presence

- Remind America of the value and relevance of the Miss America Organization in 2020 and the long-lasting impact on those who compete
- Personification of a twenty-first century woman: pursuing higher education, promoting philanthropic and charitable organizations, and empowering other women to embrace their own definition of success
- Consistently highlight and promote the inclusive nature of Miss America 2.0

Miss Kentucky Job Description

This document gives you insight into the day to day roles and responsibilities of Miss Kentucky. While candidates will be judged in specific areas, you may find that Miss Kentucky isn't the most talented, the most beautiful, or the most physically fit. However, she will be a combination of the best of these qualities –a well- rounded individual with intelligence, heart, stamina and an ability and desire to do the job - the face of the organization both during and after her year of service.

The woman chosen, to be successful, must be a very special young lady with great promise for her future.

1. First and foremost, the Miss America program is about scholarship and service. Being Miss Kentucky is not about self. It is about having a servant's heart and soul. It is not about personal celebrity or exposure or wanting merely personal recognition or congratulations. It is for a young woman who wants to work toward a higher purpose and understands she is a role model both now and in the future.
2. Being Miss Kentucky is a 24 hour per day, 7 day a week job for one year for which she is paid:
 - a. She travels across Kentucky in a car donated for her year of service as an employee of the Department of Agriculture. As such, she is the spokesperson for the Kentucky Proud program and will be in a different location every 18 to 24 hours. She is expected to be prepared for long days and must have the stamina to handle multiple long days and long periods of time away from family and friends. Additionally, Miss Kentucky serves as a Goodwill Ambassador for Children's Miracle Network Hospitals. She visits hospitals, patients, parents and staff speaking on their behalf and raising awareness and funds for their work.
 - b. She must always be professional in appearance, on-time, honest, compassionate, friendly, personable, approachable, engaging and sincere. She must be flexible and adaptable to changing circumstances and requests. She is never to leave a child unrecognized or unappreciated.
 - c. She must remain aware, through a year of travel and constant exposure, that she is representative of both an iconic brand (Miss America Organization), its supporters and sponsors, and those she competed with. She is a public relations and marketing representative of the brand.

- d. She must be able to roll with the punches and reach out to all ages and socio-economic backgrounds. She is expected to be comfortable and open with both Presidents and those who are the least fortunate in our society.
- e. She must have the discipline to attend and be engaged and interested in all booked appearances and be prepared in advance for each – meaning she will research and prepare talking points, speeches and talent presentations.

Being Miss Kentucky is about realizing this is but one goal for her life, not THE goal of her life. She must be a young woman who sees this job as the first step toward her continuing education and career. She must have leadership skills and be a team player. Being Miss Kentucky means taking advantage of the scholarship and opportunities presented to her after her year of service and remembering that she will carry the title with her the remainder of her life.