AN OFFICIAL LOCAL COMPETITION OF THE MISS AMERICA'S OUTSTANDING TEEN ORGANIZATION

# SCORE SHEET FOR USE AT ALL COMPETITIONS

## LIFESTYLE AND FITNESS

GRO	JP	

DATE \_\_\_\_\_

NUMBER	NAME OR TITLE OF CONTESTANT	POINTS 1 to 10

#### Signature of Judge

Considering the responsibilities and requirements presented to you during your judges' orientation regarding the titleholder you have been entrusted to select, the contestants are to be scored according to the established criteria.

#### SCORING IN LIFESTYLE AND FITNESS IN SPORTSWEAR

The Lifestyle and Fitness in Sportswear competition is designed to determine the level of fitness of the contestant and to obtain a glimpse into her daily routine and lifestyle. The contestant's drive, energy, and presence are to be likewise considered.

Each contestant is competing against herself and **MUST** receive a score in a <u>1 to 10</u> point range, using whole numbers only. More than one contestant may receive the same score.

Scoring Guide: Below Average = "1 - 3"; Average = "4 - 6"; Above Average = "7 - 9"; Perfect = "10".

### CRITERIA FOR SCORING LIFESTYLE AND FITNESS

Consider: overall "first impression"; physically fit; dynamic presence and attractiveness; and sense of confidence and self-assurance. Can she complete the presentation with vitality, energy, spirit, and charisma? Does she meet the public's expectation of a titleholder?

If you make a change or erasure on your score sheet, please initial it. When you have finished, hand your score sheet to the Judges' Chair.